HYQUA[®] <u>hydrogen rich water</u> <u>benefits</u>

HYQUA[®] is immunity booster. The Hydrogen in HYQUA[®] provides all the required support to enhance the Immunity and boosts the energy level. A stronger immune function helps fight a lot of health threats.

HYQUA^{® enhances} the appetite which helps to gain weight in person.

HYQUA[®] usage helps a person for smooth bowl movement and eliminates the constipation.

HYQUA® - ORP – Oxidation Reduction Potential, TDS & pH values are as per the required values and is safe drinking water.

HYQUA® production process rearranges the water molecules in structured manner for higher benefit.

HYQUA[®] eliminates the harmful bacteria such as e-Coliform, Salmonella Styphalloccous.

HYQUA® help to make intestine environment healthy and eliminates the foul smell if any.

HYQUA[®] is well known for its high Osmatic strength and extracting power.

 $HYQUA^{\otimes}$ helps the person to resist the diseases by removing the bad bacteria – effect of enhanced appetite.

HYQUA® beyond purity and delivers Organic Minerals readily available for the body to absorb.

HYQUA[®] consumption helps a person to refresh and pump up the bodily function to full capacity.

 $HYQUA^{\circledast}$ adaptive immune responses by eliminating the toxic from the human body.

Open domain will provide over 100s of benefits of Hydrogen Water

What World says about?

HYDROGEN WATER

Can Hydrogen Water Help Boost Your Immune System?

<u>Drinking hydrogen water</u> is an excellent way to boost your immunity to infections and keep you feeling strong and healthy. Drinking enough water is vital for good health anyway, but hydrogen water goes those essential extra miles to keep you feeling great!

Boost Your Immune System By Drinking Water

There are many ways water can positively affect the body's immune system. We talk about them below.

Why Is Drinking Water Important?

Having allergies and getting sick are unfortunate facts of life. Here in the busy and rowdy 21st century, we interact with a lot of people. We shake hands, hug, touch handrails that others touch, share living spaces, use public transportation, breathe the same air — all exposing us to viral infections, diseases, and other health threats. A person could simply sneeze and everyone in the surrounding area is already made susceptible to infection. – *Covid 19 the example taken the world at ransom.* While exposure cannot be completely avoided, boosting the immune system is possible. A stronger immune function helps fight a lot of health threats.

How do we strengthen our immune system? The answer is simple, easy, and affordable. Through clean, nutrient-rich <u>drinking water</u>. You don't need to break the bank for pricey health supplements or food products that don't really promise nor do much. <u>Water can work miracles</u> <u>for your body, especially for your immune system</u>. It is a natural immunity booster which promotes health and well-being.

Benefits of Drinking Water – Hydrogenated

It Pumps Oxygen Around the Body

The list of benefits you can get from drinking water is almost endless. We cannot emphasize enough how important they are. Take the case of being in a weakened and sickly state. A simple drink of water refreshes you as it helps carry oxygen throughout the body — to organs, tissues, and blood cells. It pumps up bodily functions to full capacity making you feel and perform better physically.

It Flushes Out Toxins and Free Radicals

Water also promotes adaptive immune response by working to get rid of toxic foreign invaders from the body through the kidneys. It prevents toxin build-up which, in turn, boosts immune function. While we're talking about getting rid of toxins from the body, we're sure you've heard of lemon water and hot tea.

Lemon Water

Lemon squeezed in water is a good source of Vitamin C. It not only adds a citrus flavor to the drink but also:

- Boosts the function of the immune system
- Fights bacteria, viruses, and fungi that cause cold, flu, and infection
- Keeps foreign substances away from cells
- Helps prevent diseases
- Aids in digestion
- Promotes detoxification

Hot Tea

Water boosted with the flavor of natural tea brews enhances the body's immune response. It also supports cardiovascular and musculoskeletal health. Warm tea, like lemon water, is also rich in antioxidants that promote detoxification from cancer-causing free radicals.

Free Radicals Definition: highly reactive molecules that pair with oxygen or peroxide through the process of oxidation to produce protein-damaging acids in the blood.

It Promotes Good Quality Sleep and Rest

Are you feeling weak because you can't seem to get a good night's sleep? Proper hydration can help solve that problem, too. Drinking water regularly triggers the brain to produce melatonin and other sleep-inducing chemicals. The result is a good quality of rest and a completely recharged body.

It Increases the Production of Lymph Fluid

Lymph fluid is the fluid that flows around the body to collect bacteria and waste. It transports all collected waste to the lymph nodes which serve as filters. Drinking water works like a waterfall for lymphatic organs. The higher the amount, the stronger the push to the edge.

In this scenario, water pushes bodily waste into the lymph nodes where lymphocytes destroy them. Keeping them from impairing immune function and causing life-threatening conditions like leukemia.

Lymphocytes Definition: white blood cells in the immune system known to detect foreign antigens and produce antibodies to destroy them; has 3 main types: B cells, T cells, and natural killer cells.

It Cleanses Our Senses

Water works to cleanse the body as implied in the statements above. For our sense organs, like the skin, eyes, and mouth, it maintains moisture on mucous membranes. A moist environment in these parts prevents infectious bacteria from penetrating the immune system. Alongside maintaining a protective barrier, moisture brought about by water preserves organ elasticity and structure. You can bid dry skin goodbye by drinking water regularly.

Water fights off diseases and gets rid of dirt and germs on the skin's surface and our surroundings when used for:

- Hand washing
- Cleaning surfaces
- Washing the dishes
- Flushing out nasal discharge during a cold or allergy

You see – your immune system is vulnerable to damage from free radicals.

Every glass of hydrogen water is chock-full of natural, powerful antioxidants – the essential molecules that inhibit oxidation: the damage to healthy cells caused by rampaging free radicals. Hydrogen-rich alkaline water from a water ionizer also contains essential alkaline minerals to shore up your immune system to help you stay healthy this winter – such as magnesium, zinc, calcium, and potassium.

Don't Just Drink Tap Water. Drink an Immune System-Friendly Water.-

We're talking about alkaline water, that is. It's the kind of quality water that water ionizers have been providing families and travelers in portable bottles.

Your drinking water - should increase your **<u>adaptive immunity</u>**. It is be free from harmful chemicals and infection-causing contaminants.

CALL US NOW FOR COMMUNITY INSTALLATIONS TOO

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